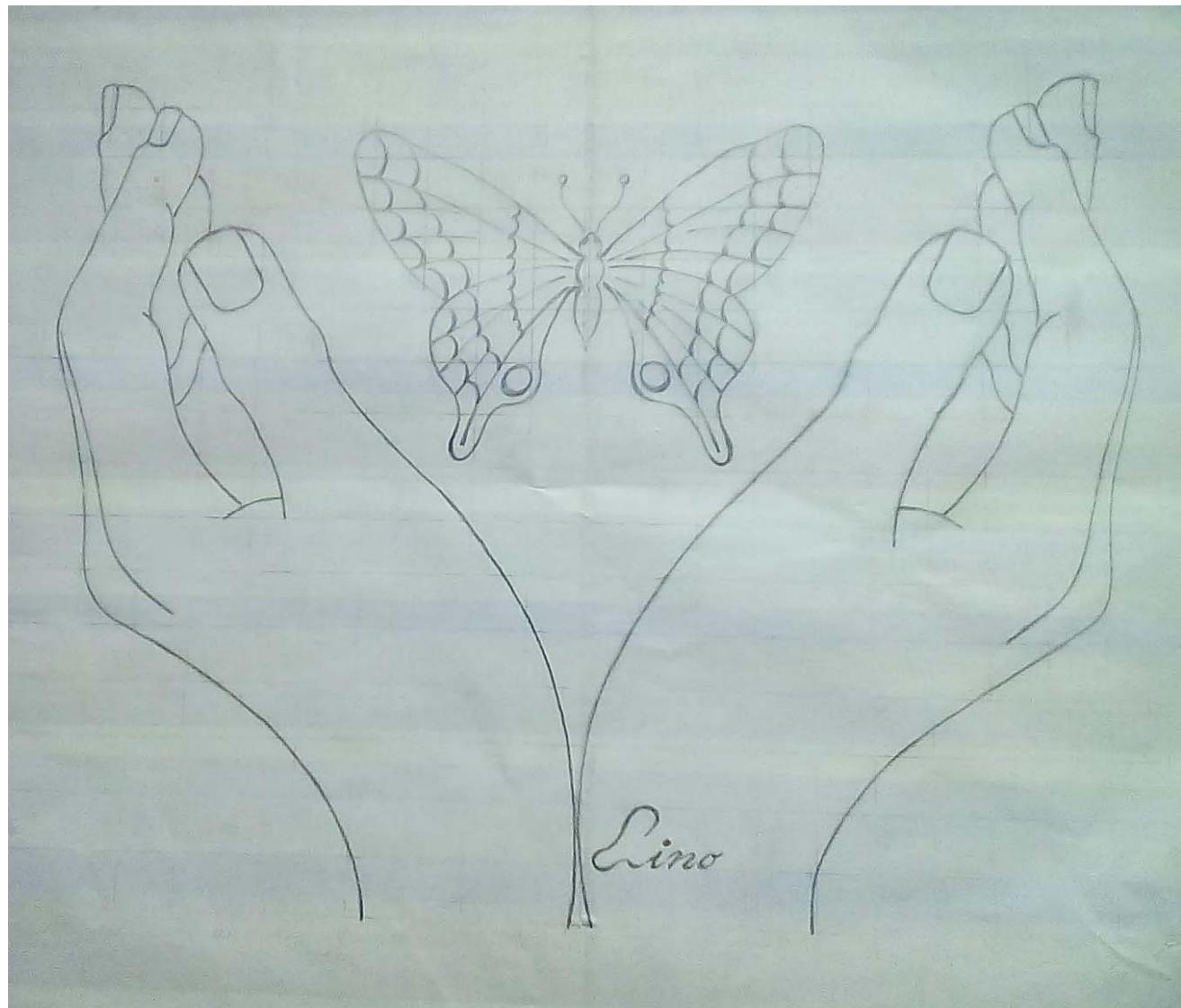


**INTERNATIONAL JOURNAL OF
MEDICAL AND NURSING APPROACH
(IJMNA)**

ISSN: 2704-9507

Volume 10 (issue 1)

December 2025



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SAFETY OF TREATMENT WITH ANSIVOR-GLUTAD IN PATIENTS AFFECTED BY ANXIETY-DEPRESSIVE SYNDROME AND METABOLISM DYSFUNCTION: MEDICAL AND NURSING ASPECTS.

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KEYWORDS: depression, anxiety, therapy, nursing aspects.

ABSTRACT

Aim: The purpose of our study is to evaluate the safety of treatment with ANSIVOR and GLUTAD in patients with anxiety-depressive disorder. **Materials and Methods:** Our pilot study enrolled 7 subjects: 5 men and 2 women with anxiety-depressive disorder and chronic metabolic diseases. The enrolled subjects had a mean age of 78 years (with a minimum age of 74 and a maximum age of 82) and suffered from anxiety-depressive disorder associated with chronic metabolic diseases. All enrolled subjects voluntarily agreed to undergo electrocardiographic evaluation during hospitalization before and after treatment with ANSIVOR combined with GLUTAD. All patients were asked to provide informed consent for the processing of their personal data. **Results:** Data analysis highlights the safety of the treatment, assessed by analyzing the main arrhythmic and neurovegetative indices, as the observed changes did not reach statistical significance. **Discussion:** Statistical analysis did not reveal a statistically significant change in the main arrhythmic and neurovegetative indices before and after treatment with Ansivor and Glutad. **Conclusions:** Our pilot study confirmed the safety of treatment with Ansivor and Glutad in elderly subjects with anxiety-depressive disorder associated with metabolic dysmetabolism. The pilot study data do not allow us to extend the results to the entire elderly population. Therefore, it is necessary to expand the study group and continue follow-up to confirm the statistical data collected in the small pilot group of 7 subjects.

Table

	BASE \pm DS	CONTROL \pm DS	Probability (P)
RR var (msec)	828,300 + 130,312	817,000 + 173,599	0,686
FFT LF/HF	2,730 + 2,325	2,264 + 2,110	0,170
QT (msec)	392,300 + 27,158	375,900 + 34,818	0,173
Tpeak to Tend (msec)	82,700 + 13,817	80,700 + 12,579	0,700

Tab. 1 Descriptive analysis of data relating to the treatment with Ansivor combined with Glutad in depressive disorder. Data are expressed as mean value \pm standard deviation. Probability is significant only if P < 0.050.

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